



JANUARY

Union High School Breakfast Menu

Students may choose one of the following instead of the main entrée:

Cereal
Cereal Bar
Elf Grahams

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Happy New Year	2 School Closed
5 Mini Pancakes	6 Benefit Bars	7 Snack n Waffles	8 Frudel	9 Breakfast Sandwich
12 Mini Cinnis	13 Churros	14 Mini Filled Bagels	15 Assorted Donut Holes	16 Soft Pretzel with Cheese
19 Act 80 Day	20 Pancake and Sausage Stick	21 Assorted Pop Tarts	22 Funnel Cake	23 Breakfast Pizza
26 Mini French Toast	27 Benefit Bars	28 Snack n Waffles	29 Frudel	30 Breakfast Sandwich

Students may choose one of the daily entrée choices which includes the protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables and milk. Students must choose at least 3 of 5 menu components to make a complete meal, one of which must be a fruit or vegetable. Menus are subject to change.

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